

RHYTHM OF THE REIN THERAPEUTIC RIDING AND DRIVING PROGRAM



RHYTHM OF THE REIN
THERAPEUTIC HORSEMANSHIP



A PATH, Int'l Premier Accredited Center
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PRECAUTIONS AND CONTRAINDICATIONS FOR MOUNTED ACTIVITIES

While a contraindication may rule out mounted activities, there may still be suitable program offerings. Please feel free to contact us with any questions or concerns you might have Thank you.

PRIMARY MEDICAL CONDITIONS THAT MAY BENEFIT:

TBI, MS, CVA, FUNCTIONAL SPINAL CURVATURE, PTSD, AMPUTATION, ARTHRITIS, SPINAL CORD INJURY, CP, AUTISM, ANXIETY, DEPRESSION

PRECAUTIONS –

Abnormal fatigue	allergies to horse hair, hay, dust, mold
Arnold Chiari Malformation	cardiac conditions
Diabetes	heterotrophic ossification
Hydrocephalus	Incontinence
Peripheral vascular disease	osteoporosis/osteopenia
Recent surgery	sensory impairments
Shunts(s)	tethered cord
Substance abuse	hip dislocation/subluxation/dysplasia
History of skin breakdown or graft over bony or wt bearing areas	
Obesity where combined wt of rider & tack exceed 20% of wt of horse	

CONTRAINDICATIONS –

Acute herniated disc	atlanto-axial instability
Coxa arthrosis	severe osteoporosis
Pathological fractures rods)	spinal fusion – organic or surgical (Harrington)
Spondylolisthesis	unstable spine (including cervical subluxation)
Acute arthritis flare	RA with cervical instability
MS exacerbation	hemophilia
Uncontrolled seizures	complete quadriplegia d/t SCI
CVA d/t unclipped aneurism or presence of other aneurysms	
Open pressure sores or wounds on contact surfaces	
Mental states of agitation, confusion or disruptive behaviors inappropriate for safety in riding environment	